

## CARING FOR YOUR IMPLANTS AFTER SURGERY

- Take medications as prescribed by the Oral Surgeon.
- Avoid brushing the area for 2-3 days, or as directed.
- Use oral rinse as directed.
- Avoid eating and chewing until numbness has subsided. Then, only soft foods: yogurt, cottage cheese, soups, soft-cooked eggs and ground meat -for the first several months after surgery.
- Do NOT chew hard, crusty foods. Also avoid very hot or spicy foods until your gums are healed.
- **DO NOT SMOKE** or use any tobacco products until healing is complete. Using tobacco increases the risk that your body will reject the implants.

Experiencing soreness for several days is normal. Please contact our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.

**Office phone: (920) 347-2626**